IGNOU

Certificate in FIRST AID (CFAID)

ASSIGNMENTS 2025

School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068

Dear Students,

There is only one assignment in total and this assignment is compulsory. Please note that you are required to score 50 % marks in the assignment. The assignment carries a weightage of 30 % marks towards the final evaluation in theory component and submission of related assignment is a pre-requisite for appearing in theory Term End Examination for respective course. The subject area of assignment and its last date of submission is mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
January session, April 15th 2025* July session September 15th 2025*	**BNS – 140**	**1,2,3,4**	**BNS – 140 / TMA/2025**
January session, April 15th 2025* July session September 15th 2025*	**BNS – 141**	**1,2,3,4**	**BNS – 141 / TMA/2025**

*Subject to change by University

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestion for writing an assignment:

Read the assignment carefully. Scan through whole material of the course, answer may be linked within the blocks /units. Draw a rough outline of your answer in your own words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the assignments for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheets, write the Course **Code, Course Title, Assignment Code, Name of your Programme Study Center (PSC) and date of submission. Your Enrollment No., Name and full address s**hould be mentioned in the top right corner of the first page. The first page of your assignment response sheet should look like the format given below:

Course Code :	Roll No: .....
Course title :	Name : .....
Assignment Code :	Address: .....
PSC :	.....
Date of Submission:	.....

Please submit the assignment to the Programme In Charge of the Programme Study Centre Alloted to you.

FIRST AID: Introduction and Common Emergencies
Assignment (Tutor Marked)

Programme Code: CFAID
Course Code: BNS-140
Assignment Code: BNS–140 /TMA /2025
Maximum Marks: 100

Note: All questions are compulsory

1. a) Define First Aid and First Aid Provider.
   b) List any five responsibilities of First Aid Provider.
   c) Discuss the principles to be kept in mind by the First Aid Provider. **(2+2+5+6=15)**

2. a) Define Emergency.
   b) List the causes of Emergencies.
   c) Describe the various Emergency Indicators along with their signals. **(2+5+8=15)**

3. a) Define Burns. List its types.
   b) Enumerate the steps of First Aid management of Radiation Burn. **(5+5=10)**

4. a) List the causes of Foreign Bodies in Windpipe.
   b) Discuss the First Aid management and Do's and Don'ts in case of Foreign Body in Windpipe **(5+5=10)**

5. a) List the recognizing features of Stroke in adults.
   b) Describe the First Aid management of a 85 year old victim having stroke attack. **(5+5=10)**

6. a) Explain the various methods of giving CPR.
   b) Discuss the step by step process of giving CPR. **(4+6=10)**

7. Enumerate the various Personal Protective Equipments. **(4+6=10)**

8. a) Define Drowing.
   b) Explain the First Aid and Do's and Don'ts in case of a victim with near drowing experience. **(4+6=10)**

9.(a) Explain the factors influencing the method of carrying casualty;
   (b) Describe methods of transporting casuality with safety precautions. **(4+6=10)**

First aid in Environmental Emergencies and Disaster Assignment
(Tutor Marked)

Programme Code: CFAID
Course Code: BNS-141
Assignment Code: BNS–141 /TMA /2025
Maximum Marks: 100

Note: All questions are compulsory

1. Describe the first aid to be provided in extreme heat and cold conditions. **(9+6=15)**

2. (a) Define Bites and Stings.
   (b)List the causes of Bites and Stings
   (c) Explain the assessment of victim affected by Bites and Stings.
   (d) Describe the first aid to be provided in Bites and Stings **(2+2+3+8=15)**

3. (a) List the causes of altitude illness and motion sickness.
   (b) Explain the assessment of victim with altitude illness.
   (c) Describe the first aid to be provided in altitude illness with the Do's and Don'ts in management of altitude illness **(2+3++5=10)**

4. (a) Describe the meaning of a disaster.
   (b) Explain the types of disasters
   (b) Classify a disaster and its level of intensity **(2+5+3=10)**

5.(a) Discuss individual and community needs during disaster.
(b) Describe the direct and indirect impact of disaster. **(5+5=10)**

6. (a) Describe the factors responsible for the causation of the epidemic, with one example.
(b)Discuss the early responses required during epidemics and pandemics to prevent morbidities **(4+6=10)**

7. Explain the following condition and role of first aid provider
   (a) Bleeding Fevers
   (b) Fever with lymph node swelling **(5+5=10)**

8. (a) Define Pandemics and Epidemics
   (b) Explain the significance of First Aid providers during Pandemics and Epidemics
   (c) Elaborate the role of First Aid provider during Pandemics and Epidemics. **(2+3+5=10)**

9. (a) Define the term psychosocial first aid and explain the need of psychosocial first aid.
   (b) Describe the role of psychosocial first aid provider **(2+4+4=10)**