BSSS-183

ALL UNDERGRADUATE PROGRAMMES
(CBCS-BAG/Honours) (FYUP-Majors/BAM/BSCM/BCOMF)

ASSIGNMENT
July 2025 - January 2026

COURSE CODE: BSSS-183
Life Skills

SCHOOL OF SOCIAL SCIENCES
INDIRA GANDHI NATIONAL OPEN UNIVERSITY
MAIDAN GARHI, NEW DELHI-68

BSSS-183: LIFE SKILLS
TUTOR MARKED ASSIGNMENTS
July 2025 - JANUARY 2026

Dear Student,

As explained in the Programme Guide, evaluation at IGNOU consists of two parts: i) continuous evaluation through assignments, and ii) term-end examination. In the final result, assignments of a course carry 30% weightage while 70% weightage is given for term-end examination.

You will have to do **two Tutor Marked Assignments (TMA)** for a four credit course. This Assignment booklet has TMAs for the Skill enhancement course **BSSS-183 Life Skills** which is a **four credit** course.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for the questions. Remember writing these questions will sharpen your writing skills and understanding of the subject matter. You will also be ready for the Term-end Examination.

Instruction for submission of Assignment:

As mentioned in the Programme Guide, you need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination.

This assignment is valid for JULY 2025 and JANUARY 2026 admission cycles; and the assignment is to be submitted as per the following schedule:

Assignment Nos.	Date of Submission	Where to send
Assignment (TMA) For **JULY 2025** Session Students	**31st March 2026**	**The Coordinator of your Study Centre**
Assignment (TMA) For **JANUARY 2026** Session Students	**30th September 2026**	**The Coordinator of your Study Centre**

You must obtain a receipt from the Study Centre for the assignments submitted and retain it. If possible, keep a photocopy of the assignments with you.

Like all other assignments, this should be submitted to the **Coordinator of your Study Centre**. Your Regional Centre may allow you to submit this assignment online on its website. Please visit the website of your Regional Centre to check if online submission facility is available.

The Study Centre will have to return the assignments to you after they are evaluated. Please insist on this. The Study Centre has to send the marks to the Student Evaluation Division at IGNOU, New Delhi.

We expect you to answer each question as per guidelines for each category as mentioned in the assignment. You will find it useful to keep the following points in mind:

1) **Planning:** Read the assignments carefully, go through the Units on which they are based. Make some points regarding each question and then rearrange them in a logical order.

2) **Organisation:** Be a little selective and analytic before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion.

   Make sure that your answer:
   a) is logical and coherent;
   b) has clear connections between sentences and paragraphs, and
   c) is written correctly giving adequate consideration to your expression, style and presentation.

3) **Presentation:** Once you are satisfied with your answer, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.

Wishing you all the best,
Course Coordinator

BSSS-183
LIFE SKILLS

TUTOR MARKED ASSIGNMENTS

Course code: BSSS-183
Assignment Code: BSSS-183/ASST/TMA
July 2025- January 2026
Marks: 100

Note: Attempt any five questions. The assignment is divided into two Sections 'A' and 'B'. You have to attempt at least two questions from each section in about 500 words each. All questions carry equal marks.

SECTION-A

1	What do you understand by verification and attestation of an affidavit? Explain	20
2	Good public health begins with maintaining personal hygiene. Comment.	20
3	Discuss various approaches to understand disability.	20
4	Write a note on the importance of gender sensitization.	20
5	Explain the importance of Data Management.	20

SECTION- B

6	Explain the significance of search engines in facilitating web-browsing.	20
7	Discuss some of the best practices for protecting personal information online.	20
8	Is there a difference between saving and investment? Explain with examples.	20
9	Do you agree that digitalisation has created new avenues of employment? Justify.	20
10	Is it true that a good CV always helps in search of a job? Comment.	20